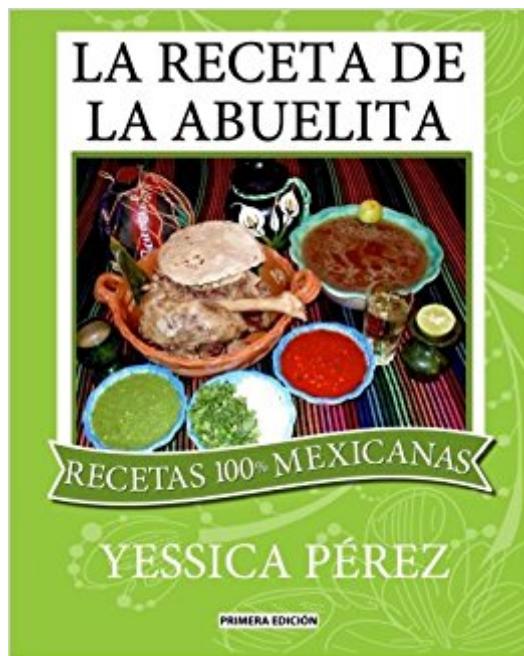


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# La Receta De La Abuelita (Spanish Edition)



## Synopsis

La Receta de la Abuelita, captura el espíritu y esencia de la auténtica Comida Mexicana, ofreciéndonos una gran variedad de recetas transmitidas de generación en generación. Yessica Pérez nos lleva paso a paso desde la preparación de platillos básicos como salsas, tortillas y aguas frescas, hasta platillos más sofisticados como el pozole, la barbacoa y los tamales; deliciosos postres como el tradicional pastel tres leches y las jericallas todos perfectamente explicados y con vistosas fotografías. Sin duda alguna La Receta de la Abuelita es una fabulosa colección de platillos que muestran la pasión y el sabor de la Cocina Mexicana.

## Book Information

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## Customer Reviews

Yessica Pérez es originaria de Cd. Nezahualcóyotl, México. Esta extraordinaria y emprendedora mujer empezó con su canal de costura, decoración y cocina en YouTube™, con el deseo de ayudar a personas de habla hispana y nos ha demostrado en sus canales que no existen imposibles, que todo se puede lograr con perseverancia y trabajo. Su canal de cocina cuenta ya con más de 30,000 suscriptores no solo de México sino de todo el mundo y más de 20,000,000 de hits en sus videos. A petición de la mayoría de sus suscriptores, Yessica nos trae ahora este libro de recetas, explicadas paso a paso con la sencillez y paciencia que la caracterizan. Así mismo nos brinda, los sabores, aromas y colores de la cocina Mexicana. Nos comparte “La Receta de la Abuelita”.

This book caught my eye because the recipes are so similar to the food my mother-in-law cooks in Iztapalapa, D.F. It's like I've stepped back into her kitchen and back into that part of Mexico City- chiles cuaresmeños stuffed with tuna, tortas de papa, romeritos...even the photograph of the pozole looks like it could have been taken at her kitchen table. The recipes are authentic and the few I've tried already have worked great. Some of the photos would have benefited from better lighting, but every recipe has a picture of the finished dish and the detailed photos of preparing cactus paddles or charring vegetables are helpful for non-Mexican cooks. Expensive, but worth it. These are real recipes that people eat every day. Este libro me encanta. Trae recetas auténticas de la región. Lo compré porque trae muchas recetas para los mismos platillos que prepara mi suegra en Iztapalapa en el Distrito Federal. Trae muchas fotos y las instrucciones son fáciles de entender. Esto significa que la comida casera y se ve en las fotos. Viví poco tiempo en México, lo que más extrañé es la comida y con este recetario ya puedo preparar los mismos platillos sabrosos.

I have been a follower of Yessica on You tube; and she is a great Cook and I love that she came out with the book because i would get lazy writting her recipes down. This book is great it has everything from Main dishes to Desserts and the best part is that they are 100% mexican recipes. I would really recommend this book :)

Bought this recipe book for my mom as a gift and she has really enjoyed it! I've enjoyed the food that my mom has made from this recipe book as well! Clear and easy to understand instructions make this recipe book unbeatable! This is probably one of the smartest buys you'll make here on ! I am extremely happy with this purchase!

The book gives very good recepies to follow. It also gives you measurements on how much of an ingredient to add. To me the book overall did not have any recepie that I was not familiar with. I thought it would have new varied recepies from what I usually cook. It is a good book for people who want to learn how to cook Mexican food. It is divided into different sections and offers some pictures of certain recepeis.

I purchased this book one year ago due to enjoying her you tube videos. the book is perfect for someone who wants to learn the basics of mexican cooking. i hope she writes more books, she is a great instructor!

Excelente! Para principiantes lo recomiendo!

Excellent recipe book. Has all the traditional ingredients that people from Mexico City and surrounding areas typically use. The step by step descriptions are very detailed. I'd recommend this book to anyone beginner or pro. They truly are recetas de la Abuelita! PS : you'll need to be able to read Spanish. Not sure if there is an English version. Excelente recetara! Realmente sin recetas de la abuelita!

Waaaayyy too expensive for what it is. Very few recipes and very amateur photography. I do not recommend.

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